
Individual Meet Results**Week 7 Lakeland Cross Country League 13-Nov-11 [Ageup: 12/31/2011]****Location: Greystone Park, NJ*****Mendham [MEN] Group: Y**

Mark	Avg Mile	Rnd	Name	Age/Yr	Place	Points	Improv
Event # 1 Mixed 4070m Run 4000m 13-14							
15:16.70	6:02.48	F	St Jacques, Bayley	13	3	---	-40.16
17:10.56	6:47.50	F	Sement, Defne	13	2	---	-11.88
17:52.51	7:04.09	F	LaRosa, Joseph	13	10	---	13.83
20:10.78	7:58.76	F	Lanahan, Erin	14	7	---	-22.14
20:49.21	8:13.96	F	Kemp, John	13	20	---	-13.47